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# MCAO Newsletter

## The Uncharted Journey of Sister Cecile Leung: Nun, Scholar & Educator – Part 2

By Joyce Leung



This is the second instalment of an inspiring interview that I have had the pleasure of conducting with Soeur Cecile Leung during my recent visit to Mauritius. The first half of the interview was published in the last issue (Summer 2018) of this newsletter.

### 5. Lifetime Values:

**Q:** One characteristic which comes out during your career is the quality of perseverance. How do you explain it?

**A:** As a child of immigrants the goal of life is simple: get educated! In hindsight, I see how I was carried along by MANY. If perseverance means completing what one sets out initially to do and if in everything there is a beginning, a middle and an end, I see that at each of these stages, I needed OTHERS (be it educators, relatives, friends or sisters of the 2 congregations I joined successively) to see me through. Solidarity proved to be such a precious reality for me.

**Q:** What are the main elements which shaped your life on this small island, we called our homeland?

**A:** I received considerable blessings from concentric layers of human relationships from my childhood to my young adult life in Mauritius.

1) Born of first generation immigrants from China: a fact which I once considered an obstacle to development appears to me in my maturity to be the best thing that could ever happen. My parents always spoke Hakka to me, my umbilical cord pulls me down to deep roots. It was a privilege to have been around aunties who mirrored life in Meixian with their idioms: "k'ai tam eh"

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(carry the burden/the cross - literally the loaded baskets hanging at both ends of a pole resting on one shoulder); "tong tong ting ting" (onomatopoeic falling drops, messy drops?); my favorite: "sang si lao" (walking cadaver! dude! stupid!). I miss these voices, extinct today. Last but not least in this layer are the Chinese families mentioned earlier who opened their homes to me.

2) Life "à la campagne" meaning toiling in the shop (not *villégiature*!) communicating with clients who could admonish: "pas faire grand noir, marque ça credit là, mo fine trouve toi piti piti, encore ça qui ti content plorer ça" (no insolence, record that in my credit account, I saw you as a baby, for that matter, a cranky, crying baby)

3) The diocesan "Mouvement Catholique" (Scouts, Legion of Mary) where I made non-Chinese friends for life.

4) The Chinese Catholic Mission fostered a sense of pride in our 'Chineseness' while we experienced the joy of serving the community, and as a by-product, we built life giving friendships.

5) The Loreto Nuns and Teachers shared values based on faith, the most important article being that we were all created equal, all sons/daughters of God.

It is a privilege to have grown up amidst diversity, yet a multifaceted identity carries strength and fragility. The question "Who are you?" can bring the sense of the fragility of our roots, we compensate by imagining the

clan rooted in the century-old village in China, we cling with reason to our "*Hakkaness*". It is a fact that we carry DNA molded by the rise and fall of empires across centuries, by the struggle for survival of our ancestors, and by the fact of migration which is still "a work in progress" for generations to come...

#### 6. **Homeland:**

**Q:** You have visited Mauritius many times during your years as an expatriate. How do you see the development of the country? What is left to be done?

**A:** One Chinese exchange professor used to describe China in these terms: hardware and software, hardware meaning the material development, infrastructure, quality of life and software meaning its people.

"Hardware": When Mother Teresa (today Holy Mother Teresa) traveled, she would ask to see the richest and poorest neighbourhoods of the city to help her evaluate the place. How about the Mauritian situation? I will mention one example of development and one instance of the contrary. Five-star hotels illustrate our achievement; we can surpass the international level. On the other hand, the condition of public toilets at "*la Gare Victoria*" shows a lack of respect for the locals. Our "hardware" can earn a star when the toilets of "*la Gare Victoria*", of public beaches, and of EACH of the schools of the island get a passing grade.

"Software": As people, what degree of human and moral development have we reached? The nation has produced stellar personalities, outstanding scientists, writers, entrepreneurs, artists, educators and politicians who serve society at home and abroad. Given the opportunity, each child can live up to his/her potential.

In the best of worlds we would wish our children to be taught integrity and civility besides reading and writing. Whoever has taken public transportation can tell you that young students no longer yield his/her seat to the elderly. Education means much more than literacy and professional formation should go hand in hand with acquisition of work ethic. Can we say that professionalism in certain areas (for example basic home maintenance) is still a work in progress in Mauritius?

**Q:** Could you indicate some specific initiatives essential for the development of our youth?

**A:** The maturation of the soul and mind of the people -

the software - is the ultimate goal of a nation. How to proceed? While teaching our children to read and write, concurrently we should let them discover the beauty in themselves, in their peers and in the outside world through a strong program of arts, music and sports. If we define culture as this "extra" reserved for the elite, we fall in the trap of the colonial mentality which created a hierarchy of social classes, an impediment to the development of the citizen and of society as a whole.

"Beauty will save the world" said Dorothy Day the American activist who fought for the poor in the US. The best way to empower the child whose parents cannot discuss arts at home because they can hardly earn a living is to expose that child to arts, music, and sports to help break the cycle of poverty. Anatole France said with reason: "to know is nothing at all, to imagine is everything". The "artsy" section of the brain of the child, born in poverty or opulence, needs to be stimulated and "toiled". It is a disservice to the nation to let this innate potential go to waste.

**Q:** When you look at Mauritius from the perspective of an "*émigrée*", what do you see as the path onwards?

**A:** Within my circle of relatives and friends in Mauritius, I see outstanding philanthropists and activists dedicated to improve society. I salute them. I give my views with humility, aware that I have no right to pontificate because I am not fighting besides my friends in the trenches.

Nevertheless since I am being asked, let me play with a dream: the idea of a Mauritian Utopia. The protagonist of Voltaire's "*Candide*" concluded the tale by proclaiming: "*Cultivons notre jardin!*" which can be interpreted as every citizen is entitled to a decent living through his/her labour. Pope Francis reminds us repeatedly that the current world economic model is focused too narrowly on the growth of dividends at the expense of the value of labour and the dignity of the worker. We will have come a long way from colonialism the day each citizen can legitimately earn a comfortable living wage based on the hours and energy he/she spends at work. The blue collar worker spends as much time and energy (if not more) at work as his/her white collar counterpart. Why should he earn "*salaires de famine*" while the benefits go to others?

In the same vein of reflection, the collective caring of the weakest (meaning those with special needs) in our society through accessibility and inclusiveness can make the nation stronger.

In this Utopia, children born with a different wiring of the brain or different count of chromosomes, i.e. with autistic traits, Bipolar Disorder or Down Syndrome, are given the chance to attend SCHOOL and are empowered to serve society according to his/her capacity.

Though one may argue that the basics are covered by governmental aid for the disabled and elderly, one could still ask: are official policies fostering a collective will to empower the young and the elderly with special needs? Any thought given to infrastructure? Are government and private institutions equipped with ramps for wheelchairs? Is there any incentive given to entrepreneurs to invent means of transportation for ailing seniors and the physically challenged at a reasonable cost?

Elephants in the room? Yes, health care and homes for the elderly. Government agencies have implemented so far good policies for seniors; could more be done to safeguard the welfare of caretakers and residents in homes? Is there any oversight by any authority? I have experienced recently heartbreak about the demise of a relative in a public healthcare facility. It was borderline mistreatment, which makes me wonder: are watchdogs in place? How about accountability? Maybe unrelenting investigative journalism is needed to demand accountability from public institutions. Moreover, serious academic research is warranted to evaluate the performance of institutions dealing with issues of life and death of the most vulnerable of our society.

Let us turn to another less traumatic question. Isn't it time to wish for a Mauritian impersonation of a Eunice Kennedy Shriver (1921-2009) to fight for a "Mauritians with Disabilities Act"? EKS succeeded in promoting legislation to protect and empower kids and adults with physical and intellectual disabilities in the US with the adoption of the "Americans with Disabilities Act" in 1990. The "Education for All Handicapped Children Act" passed as early as 1975. These two American federal laws integrated into mainstream society a good proportion of the population which had remained invisible and powerless for too long.

We can do as much, can't we?

Turning to another domain: in this Utopia, no adult child should have to go through "mille morts" himself/herself "hands tied" watching an elderly parent suffer atrociously on his/her deathbed because no system is in place to enable him/her to call a doctor available to administer palliative care at home. Dying at home with dignity and without terrifying pain is a basic human right issue which

deserves appropriate attention from the authorities concerned. I salute Doctors who are working currently on the palliative care issue.

In this "multicolored" Utopia, everyone enjoys the privilege from childhood of being exposed to a multi-ethnic society. Though the possibility to identify oneself with one's own ethnic group is not only legitimate but necessary, it is equally necessary to look beyond our bubble. This does not come naturally because our DNA are set to make us "tribal" for survival's sake. Transcending "communalism" demands deliberate and relentless efforts.

**Q:** What can we, as expatriates, do to help?

**A:** Keep the connection alive with the "homeland" by involving the generations born abroad in a meaningful way.

The Kennedy era saw the foundation of Peace Corps, the French once sent "*Les Coopérants*" to underdeveloped countries. Who benefited most from these programs? No doubt the host countries gained precious help but the young people who dared to engage themselves gained lifelong lessons which helped shape a meaningful life onwards for them.

If Mauritian parents could come up with a system to send a contingent of their offsprings born abroad to serve the island in some capacity on a short term basis, it could be a win-win situation. How do those born in developed countries come to terms with their immigrant identity to the second or third degree? While they explore their roots they can bring new ideas to the shores where their ancestors landed some time ago not only penniless but with the debt of transportation to be reimbursed, the most precious commodity they brought along was their determination to make it.

## 7. *The Future:*

**Q:** You are now retired. Do you still partake in the life of your religious congregation in one way or the other?

**A:** I am retired as professor not as nun. In our mission there is a phase of active life followed by a less active one which we elegantly call contemplative, during which we carry our friends/people more in our heart than in our activities and contemplate God while looking forward to the Ultimate Encounter. "*Détachement*" (letting go) is the "*mot d'ordre*" at this stage.

After I retired from teaching in South Carolina, I returned

to Chicago where I am part time volunteer at the Circle, our social centre that opened 4 years ago to empower women/immigrants and I am also available to be interpreter in French or Mandarin for refugees via Catholic Charities.

**Q:** Your congregation has nobly served humanity for the past hundred and fifty years. There have no doubt been major changes. Tell us about the mandate of your congregation, and what the future holds for you and your congregation.

**A:** Our Congregation, Helpers of the Holy Souls, "*l'Institut des Soeurs Auxiliatrices*", was founded in 1856 in Paris by a young lady Eugénie Smet from Lilles. The mission statement was to pray and do good works and offer the merits for the Souls of Purgatory/"*Les âmes du Purgatoire*". Theology has evolved with time, so has the expression of our mission statement. Today we say: "Accompany our fellow-men/women until the face to face with God. Help in all manner of good."

On the 11th year of the foundation, in 1867, the congregation sent a group of sisters to Shanghai, China, to help the Jesuits in their mission. The Helpers stayed in China until the communist political regime expelled all foreign missionaries around 1951. We discovered recently that a Chinese local congregation which the French Helpers helped to found in 1921 in Hebei is thriving with some 300 Chinese sisters, after having gone dormant during many decades.

Otherwise we are an international congregation with communities in the US, Canada, Mexico, Japan, Taiwan, Hong Kong, India, Rwanda, Chad and Kenya and in some European countries. The greatest number of Helpers are found in France where the order was founded. Helpers from the very beginning served the marginalized and the poor.

In the US, Helpers served for more than a century in major cities like New York, San Francisco, Los Angeles, St Louis and Chicago. Today there are no more recruits: only one sister left in New York, another one in San Francisco. We have regrouped in Chicago. We witness the "demise" of communities in the Western world with serenity. Young men and women are still generously fighting for worthwhile causes around the world though not through religious life. Up to the 19th century, charitable institutions were the sole provider of a safety net for the poorest. Today society is learning to self-regulate and government agencies see to the welfare of

the needy.

Young women are still joining our communities in France, Japan, Mexico, Central Europe (Germany, Austria, Hungary and Romania), Africa and India where Helpers strive to "*AIDER à TOUT BIEN*" (help in all manner of good) in the field of social justice as well as evangelization.



Chicago Helpers at a recent Fund-raising Event

*Closing note:* We thank you Sister Cecile for the privilege and honour of making us privy to your vision and values. In your life of dedication to humanity, you have touched people of many continents. You have with great nobility trodden the path of fellow men and women in need by "accompanying them until the face to face with God", faithful to your Congregation's mission statement. By your achievements, we feel deeply moved; of your accomplishments, we feel truly proud.

May you continue your exceptional journey with your usual courage and faith. May your path be forever blessed with Divine Grace.

## Our Twilight Years...

Shared by Wai Chen Lim Fat

Below is a message by famous Chinese novelist Yang Jiang<sup>1</sup> (Chinese: 杨绛) written at the age of 103; she passed away in May 2016, age 104:

善待暮年

Be Kind to Twilight Years

<sup>1</sup>Yang Jiang (Chinese: 杨绛; 17 July 1911 – 25 May 2016) was a Chinese playwright, author, and translator. She wrote several successful comedies, and was the first Chinese person to produce a complete Chinese version of [Miguel de Cervantes'](#) novel [Don Quixote](#).

花開花謝，潮起潮落，  
不經意間我們正走向人生的暮年。  
Seasons after seasons, we are unknowingly approaching  
our twilight years.

從呱呱墜地到兩鬢染霜，  
歲月的行囊裡裝滿了酸甜苦辣。  
接下來，在夕陽的路上能走多遠，  
取決於我們的體魄和心態。  
From the first cry on coming to the earth till the hairs  
turn grey, the baggage of our journey through life has  
filled with all bitterness and sweetness as well as ups and  
downs. Next, how happy can we be on the path of our  
twilight years will depend on our physical mental  
condition.

在曾經的歲月裡，  
每個人都會有大小不一的光環，  
但這光環已是“過去式”。  
當光環退去，誰都是柴米油鹽，誰都是一介布衣。  
Life's glory and splendor are all behind us and we are  
now just going through the daily chores of keeping life  
going.

“我們曾如此渴望命運的波瀾，  
到最後才發現：人生最曼妙的風景，  
竟是內心的淡定與從容。  
Once we yearned for a glamorous life, now we realize the  
most wonderful and beautiful scenery in life are  
moments of tranquility.

不要滿懷焦灼期待子女常回家看看。  
子女們有各自的生活和事業，  
他們像永不停歇的陀螺一樣，  
上有老下有幼，“老”是“夕陽”，“小”是“朝陽”。  
“朝陽”總比“夕陽”更令人關注和憧憬，  
這是動物繁衍生息的法則，是規律，  
誰也不能違背。  
記住，年輕人永遠比老年人忙。  
Do not anxiously wait for the visits of our children. They  
have their own lives to take care of; they are like tops  
being spun continuously, sandwiched between the young  
and old. The old one is the evening sun, whereas the  
young is the morning sun, and of course the young will  
get more attention; this is nature's law. It is human race  
survival cycle and no one can defy it. Please remember:  
our children are always more busy than us.

人生，夫妻也好，母女父子也罷，

不管是怎樣的水乳交融、心心相繫，  
每個人都是生命的獨立個體，因此，  
我們要學會在孤獨的時候給自己安慰，  
在寂寞的時候給自己溫暖。

In life whether it is husband and wife or parents and  
children, no matter how harmonious and how close they  
are, each one is unique and an independent entity.  
Therefore we need to learn to cope with loneliness by  
finding ways to console and cheer ourselves up when  
feeling lonely.

老要有老的風骨，老要有老的優雅，  
正如春華秋實，四季輪迴，各有風采。

In reaching our golden age, we have our self esteem and  
graciousness just like the cycle of four seasons, each has  
its own grace and beauty. Smile & enjoy each phase of  
life.

## Mauritius of Today

By Andrew Wang

Did you guys know? Our small island is becoming very  
important with regards to our relation with China.  
Mauritius just welcomed Mr. Xi JingPin, the President of  
China, who was on a tour of African countries. Flying in  
from South Africa on his last leg of his African tour, he  
paid a one day visit to Mauritius to meet with our Prime  
Minister. As a result of this meeting, President Xi  
offered an aid package worth 750 million rupees (\$50M  
CAD) to Mauritius.

China's relationship with Mauritius is becoming so  
important that nowadays we can see lots of Chinese  
setting up businesses on the island. This is readily  
apparent as soon as we land in Mauritius. At the airport,  
we can see Chinese people coming to welcome group  
tours from China. It is a pity that the local Chinese  
population is getting smaller and smaller. The young  
ones go overseas for studies and most of them do not  
come back. Eventually the parents follow them.

Tourists like to come here for vacations. They say it is a  
good place to come and relax as a welcome break in  
their busy lives.

Development in terms of infrastructure is going so fast  
that if you have not been here for a while, you can easily  
get lost. The standard of living is rising. Road traffic is  
very dense, especially in the centre of Port Louis. There  
is now a minimum wage policy in effect with a

government-subsidised minimum monthly salary of Rs 9,000 for all workers. For those who do not earn the minimum, the government will make up the difference after they submit their annual tax returns.

The living conditions of old people are much improved. They have a reasonable old age pension from the government to help with their daily living and furthermore, traveling by public transport is free for all seniors. One drawback though is that most of the buses are of the old type, where the steps are high, making getting in and out of the buses very difficult for the seniors. Fortunately, these buses are being replaced by new ones imported from China. The new buses have lower chassis, thus making them more accessible to the elderly.

In a not too distant future, there will be a light rail transportation system running from Curepipe to Port Louis in as little as under 20 minutes.

The landscape of Mauritius is changing fast. If you have not been here for a while, you will probably not recognize the place. So therefore I would encourage all of you to come back from time to time and enjoy the atmosphere of the place, and admire the rapid development that is taking place.

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## 现代的毛里求斯

你们知道吗？现在，毛里求斯，这个小岛，在政治上，对中国政治变得一个重要的。

毛里求斯，已经欢迎了习近平，中国的总统。听说，他和他的妻子跟一群250人，用中国航空飞机来的。星期五，晚安到这儿，星期六晚安已经飞走了。毛里求斯的总理欢迎他跟一个躺在地上的红毯。以后他们有好友的谈话。终于中国决定帮助我们国家发展的。听说，中国会给7亿5千万毛元帮助对国家的快发展。

到这儿，一下飞机，一出去机场的门口，我们看得到有很多中国人来接从中国来的旅游团。

很可惜看不到毛里求斯华人来接他们的亲戚。其实，华人越来越很少。

我们需要离开这儿的的地方，出去移民在别的国外。

最近过几个年，这儿的发展，对修建新的大楼，修建新的交通路，会做毛里求斯的景色比外国差不多一样的。

外国人，喜欢来这儿的小岛，游览。他们说这儿的的地方很漂亮，很好来休息，放松，以后可能回去他们的国家上班。

如果有好久你们离开这儿的，一来这儿，一定很快迷路。大路，大楼，建筑的很多。路上的新汽车很多，人人的生活水平提高的很多。现在工人的工资到底是Rs9000。如果一个人收不到那个工资，政府会加上他们的工资。

现在老人们的生活过得不太难。老人们都收到养老金，所以他们的生活不太苦。不忘记他们乘客在公共汽车没要买票，都是免费。其实，每天看得到很多老人高高兴兴上下巴士去购买生活的食料，或者去访问的。但是上下巴士不容易。这儿老巴士的台阶很高，所以上下很特别困难。

现在交通公司买了中国来的新巴士，他们都是不太高，很容易上下，也很舒服。

现在是有很多的发展。政府现在会建筑一条新路线，从Curepipe到PortLouis城市。建筑完以后，用快速火车，已经用20分钟以后可以到的。建筑那个路线，政府买了很多地方，要给每个人赔偿费。

毛里求斯的环境块改变了很多，回来这儿你们一定不认识这儿的的地方。所以我想建议你们要常常来访问。

## Picnic in the Park

By Philip Wong

*I'm singing in the rain*

*Just singing in the rain*

*What a glorious feelin'*

*I'm happy again*

... Gene Kelly



MCAO members and friends gathered in happy company at Wilket Creek Park on Sunday July 22, 2018. We were in good spirits as we congregated for a picnic in the park. A little rain did not deter us! Even a muskrat came out to play (Jean-

Claude took picture of the creature). We danced in the rain too!

The club managed to assemble some 150 members and guests for the picnic. It was a memorable day as a little inclement weather got in the way. In later years we will

look back fondly at how MCAO spent the day. People walked about in poncho and rain boots. Others held an umbrella in one hand and a plate of choice food in the other. Many others found imaginative ways of taking shelter from the rain e.g. some people huddled under trees and even a small tent was seen as a temporary shelter from the elements. No doubt, we will all have stories to tell. We will also remember our visitors from Mauritius who joined us in the park.

Our improvised shelter was a couple of portable gazebos and tarpaulin sheets. Our committee came up with brilliant ideas. The food was on display on the table. Many volunteers helped dish out generous portions of *mifoon*, *mine*, *pao*, jerk chicken, *vooyan*, *samosas* and the rain-delayed *char-siu*. There was a red, white and green display of neatly cut watermelon pieces ...and cute little *gâteaux Napolitaines*.

On a cultural note: Picnic translated in Mandarin is 野餐 Yěcān [Hakka: “*ya chon*” meaning wild meal]. We were certainly having a wild meal as we mingled among friends. Stormy clouds above, rain drops on our faces and wet grass at our feet, we took them all in stride. And the jerk chicken tasted even better with some H<sub>2</sub>O condiment. We chatted and laughed so much. And when the skies finally cleared, we even found time to stretch our legs by doing some line dancing in the park. What more could we have asked?

To our Mauritian mind, a picnic meant going to the seaside. It conjures up the picture of white sand beaches and people sitting on a “*natte*” under *filao* trees. The younger ones would go for a dip in the water. I can even remember that on the way back, we would all be singing, “*Ce n'est qu'un au revoir*”. Let us do our adapted picnic in the park again next year.

Please put our hands together and give a loud round of applause to the organisers and volunteers! You have done a good job. 做得好 *Zuò dé hǎo* [Hakka: “*tsor tet hao*”]!

Enjoy the photographs in the picture gallery below.



## Hakka Sayings (客家俗語)

By Mike How & Clifford Lam

### *Foo Tchit Pat Sot* (胡七八說)

Colloquial phrase used to tell someone (when conversing with an adult) that he is talking non-sense. When said at a child, it has a stronger meaning like telling the kid to stop talking non-sense.

### *Foo Li Tah khé* (狐狸打鸡)

Describes a chaotic scene with everybody rushing in a frenzy. Translated literally, it means: “*Fox chasing chicken*”.

### *Aap Mah Tai* (鴨麻蹄)

Describes someone who is flat-footed (without a defined foot arch). The phrase literally means “*female duck foot*”.

### *Soon Soo khyen Yong* (顺手牵羊)

Describes the action of someone who is trying to take advantage of an unexpected situation to profit or avail himself of something else. Translated literally, it means: “*lead away a goat at the same time*”.

### *See Kow Moon Tor Tap* (史教門多答)

Describes a situation where someone is too zealous or eager to do something that should not be of his concern. Translated literally, it means: “*too preoccupied with closing the toilet door for someone else*”.

### *Haw Haw Kap Kap* (呵呵呷呷)

Describes someone who is eating like a pig in a fast and furious way!

## MCAO News



### MCAO Annual Dragon Boat Festival Luncheon

The annual Dragon Boat Festival Luncheon took place on June 23, 2018 at the Sky Dragon Chinese Restaurant in Chinatown. The luncheon was well attended with over 100 members and guests in attendance.



Dragon Boat Festival Luncheon (June 2018)

### Fire Safety Workshop

A workshop on “**Fire Safety (for house & apartment)**” was presented on July 7, 2018 by John Carr (retired firefighter).

The presentation was excellent and very informative and was well received by the large and interested audience that was present for this important subject..



Fire Safety Workshop (July 2018)

### Toronto Hakka Festival 2018

MCAO once again took an active part in fund-raising efforts in support of the Toronto Hakka Heritage Alliance at its annual Toronto Hakka Festival on July 14, 2018. Many members volunteered their time and efforts to prepare, fry and sell the hot-ticket *vooyans* at our signature food booth at the Festival.

A well-deserved thank-you to all our volunteers!



Toronto Hakka Festival (July 2018)

### MCAO Family Picnic

The MCAO Family Picnic was held on July 22, 2018 at a rain-soaked Wilket Creek Park in North York.

In spite of the soggy weather conditions, a comfortingly large crowd of more than 150 members and guests braved the elements to attend a well-planned and organized family gathering and made the most out of an occasion that did not forebode too well to start the day.

A big pat on the back to the organisers, volunteers and especially to the members and guests for turning a weather-challenged event into one that will be fondly remembered for a long time to come!







MCAO Family Picnic (July 2018)

## Upcoming Events

### MCAO Mid-Autumn Festival Lunch

**Venue:** Sky Dragon Chinese Restaurant  
280 Spadina Ave, Toronto,  
ON M5T 1H2

**When:** Sept 22, 2018 at 12:00 PM

**Cost:** \$25 per person

Ticket reservation required through Margaret Wan ([mmlamsincho@gmail.com](mailto:mmlamsincho@gmail.com)) or Joyce Leung ([jmcleung@yahoo.com](mailto:jmcleung@yahoo.com)) by Sept 16, 2018.

### Fall/Winter 2018 Schedule @ Parkway Forest CC

MCAO's Mix & Mingle and Line Dancing schedule for the Fall 2018 season will start on Sept 15, 2018 and will take place on the first and third Saturdays of every month. Details are as follows:

<b>Mix &amp; Mingle</b> (1st Saturday):	Place: Boardroom C Time: 2:30 PM to 6:30 PM
<b>Mix &amp; Mingle &amp; Potluck</b> (3rd Saturday)	Place: Arts & Craft Room Time: 4:00 PM to 8:00 PM
<b>Line Dancing:</b> (1st & 3rd Saturday)	Place: Dance Studio Dates: Sept 15, 2018 Oct 6, 2018 Oct 20, 2018 Nov 3, 2018 Nov 17, 2018 Dec 1, 2018 Dec 15, 2018 Time: 4:30 PM to 6:00 PM

More details will be provided as they become available.

## Laughter...the Best Medicine



Four Catholic men and a Catholic woman were having coffee in St. Peters Square, Rome.

The first Catholic man tells his friends: *"My son is a priest, when he walks into a room, everyone calls him 'Father'".*

The second Catholic man chirps: *"My son is a Bishop. When he walks into a room people call him 'Your Grace'".*

The third Catholic gent says: *"My son is a Cardinal. When he enters a room everyone bows their head and call him 'Your Eminence'".*

The fourth Catholic man says very proudly: *"My son is the Pope. When he walks into a room people call him 'Your Holiness'".*

Since the lone Catholic woman was sipping her coffee in silence, the four men gave her a subtle *"Well...?"*

She proudly replies: *"I have a daughter - slim, tall, 38D breast, 24" waist and 34" hips. When she walks into a room, people cry out: 'O My God!'".*



**One day a teacher was talking about marriage in class.**

**Teacher :** What kind of wife would you like Johnny?

**Johnny :** I would want a wife like the moon.

**Teacher :** Wow! What a choice... Do you want her to be beautiful and calm like the moon?

**Johnny :** No, I want her to arrive at night and disappear in the morning...



Grammar Teacher: *Do you know the importance of a period?*

Kid: *Yeah, once my sister said she has missed one: my mom fainted, dad got a heart attack & our driver ran away!*



I don't know much about  
birds, but I can easily  
identify the husband  
in this picture



## Picture Gallery

### *MCAO Picnic 2018*



## MCAO Sponsors

MCAO wishes to extend a deep and sincere thank-you to all its sponsors and members for their generous financial and in-kind contributions to help the association deliver on its mission objectives. Their generosity and support are truly appreciated.

**Please support our Sponsors with your business!**

For donations and sponsorship opportunities, please contact:

Joyce Leung ([jmcleung@yahoo.com](mailto:jmcleung@yahoo.com)) or  
Allan Wan (647-824-3343).

## MCAO Membership

New members are most welcome! For new membership enrolment, please contact:

Joyce Leung ([jmcleung@yahoo.com](mailto:jmcleung@yahoo.com))

## Contact Us

If you have any questions or comments, please email us at: [clubmcao@gmail.com](mailto:clubmcao@gmail.com)

You can also visit our website at:

[www.mauritiuschineseassociation.com/](http://www.mauritiuschineseassociation.com/)



### A Word from Our Sponsors...

PHARMCARE **I·D·A** PHARMACY

**Jean-Paul Li, B.Sc. Phm.**  
Pharmacist/Owner

Tel 416-245-1221 Fax 416-245-1448  
Pharmacarecentre@rogers.com  
882 Wilson Avenue, Toronto, ON M3K 1E7

Mon-Fri 09:30am - 6:30pm | Sat 10:00am - 3:00pm

The map shows the location of I·D·A Pharmacy at 882 Wilson Ave. The pharmacy is situated between Keeler St. to the west and Dufferin St. to the east. It is located north of HWY 401 and south of Humber River Hospital. A red arrow points to the pharmacy's location, with the number #882 and the I·D·A logo above it. The map also shows Northgate Dr. running north-south to the east of the pharmacy.